

Unit 1

Infidelity



Our cheating hearts

Reading 1 ASK PENELOPE

Track
2

Dear Penelope,

Janet and I have been best friends for ten years. She has been dating Brad for a year. They're engaged and they're going to get married in two months. Janet is excited and happily planning her wedding. I like Brad, so I was happy at first, too. The problem is last weekend I saw Brad in the park with his old girlfriend. The meeting was not innocent. They were holding hands and kissing. He didn't see me, so he doesn't know that I saw him. Now I don't know what to do. My husband says to stay out of it. But how can I just stand by and watch my best friend get married to a cheater? What do you think? Should I tell her?

Confused in California

Dear Confused,

This is definitely a difficult problem. If you tell Janet, she'll be angry with Brad, but she may also be upset with you. If you don't tell her and she finds out later, she'll be furious with both of you. Either way, it may end your friendship. Since you like Brad, you probably have a good relationship with him. I think that you should talk to him. Tell him you saw him and ask him what is going on. Urge him to call off the wedding if he is unsure about his feelings for Janet. When he knows that you know his secret, he'll probably tell her himself. (242 words)

Reading 2 The Hows and Whys of Cheating

Track
3

Why do men and women cheat on their partners? Experts say that the reasons fall into two main categories. In the first category, the cheaters are unhappy because there's something wrong with their relationship. In the second category, the cheaters want the excitement of having an affair.

How Men and Women Differ

In general, experts say, men are more likely to cheat for the excitement. Unfaithful women, however, are usually unhappy in their marriage. But things are changing. More men are having affairs with emotional ties. Meanwhile, women are having more affairs for the sexual excitement.

Cheating before Marriage

Of course most people think about cheating in the context of marriage, but you can cheat on a boyfriend or girlfriend, too. According to experts, many unmarried couples don't discuss fidelity. This is much more problematic than it was in the past. Twenty years ago, couples waited

longer before having sex. When they did start a sexual relationship, both people considered the relationship exclusive. Now, couples start having sex much sooner. And they don't talk about whether the relationship is exclusive or not. The problem usually occurs when one person believes that the relationship is exclusive and the other doesn't.

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Is There Hope after an Affair?

"It depends," say our experts. Most marriages survive an affair and many end up stronger afterwards. "I've seen many relationships that were much better after the affair because, up until then, the couple wasn't dealing with their real issues. Dealing with the affair helped them communicate on a much deeper level," says one expert. However, an affair in a dating relationship is more likely to be the beginning of the end. Some people cheat as a way of leaving a relationship. They want it to be over, but they can't end it, so they cheat and let their partner get angry and break up with them.

25

(319 words) 30

Outline Reproduction

- (a) まず英文の内容に合う選択肢を選び、音声で正解を確認しましょう。
- (b) スラッシュ (/) で区切られたチャンク毎に覚えて言う練習をしましょう。
- (c) ペアワーク : Aさんが正答あるいは誤答の選択肢を用いた文を音読し、Bさんはそれを聞いてTrueかFalseかを言きましょう。

Reading ①

Track
4

1. Janet and Brad have [(A) known each other (B) been going out] for a year / and now they are planning to get married.
2. The writer was [(A) happy (B) shocked] to see Brad / kissing his ex-girlfriend in a serious way.
3. [(A) Brad seems to be cheating on Janet. (B) Janet seems to be cheating on Brad.]
4. Penelope's advice is / that the writer should talk to [(A) Janet (B) Brad] about what she saw.

Reading ②

Track
5

1. In general, men will cheat / because they want [(A) emotional ties (B) sexual excitement].
2. On the other hand, women will generally have affairs / when they want [(A) emotional ties (B) sexual excitement].
3. It is a problem when the couple have [(A) the same idea (B) different ideas] / about whether they are the only one to each other.
4. Most marriages [(A) fall apart (B) do not fall apart] because of one affair, / but dating relationships between unmarried couples / are more [(A) vulnerable (B) stable].

Reading-based Writing

- (a) 本文の表現を使って次の日本語を英語にしましょう。
- (b) 音声で正解を確認したら音読しましょう。
- (c) ペアワーク：Aさんが日本語を読み、Bさんは何も見ずに英語を言いましょう。

Reading ①

Track
6

- (1) 私とジャネットは10年来の親友です。

Janet _____.

- (2) どうして親友が浮気男と結婚するのを黙ってみていられるでしょう。

How can I _____?

- (3) 彼に見たと言って、どうなっているのか尋ねなさい。

Tell him _____.

Reading ②

Track
7

- (4) 専門家によれば、結婚していないカップルの多くは貞節（＝自分以外の相手と性的関係を結ばないこと）を話題にしない。

According to _____.

- (5) ほとんどの結婚は一度の浮気を乗り切り、その多くは、その後夫婦のきづなはより強くなる。

Most _____.

- (6) カップルが性的関係を始めた時には、両者とも自分たちの関係は独占的な（＝お互い以外の相手とは性的関係を結ばない）ものだとなした。

When _____, both _____.

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2. Have you ever been in a similar situation as Confused in California?
 3. Do you agree with the reasons presented in Reading 2 why men and women generally cheat?
 4. In your culture, is a sexual relationship before marriage usually exclusive?
 5. What are your culture's rules about fidelity before and after marriage? Write your ideas.
 6. Are the rules different for men and women? Write your ideas.
 7. Many cultures have a double standard for sexual behavior. For example, societies often excuse men's infidelity, but severely criticize women who are unfaithful. Is this true in your culture? What reasons are given for this double standard?